## **ASA Parental Expectations & Guidelines**

Let the coaches coach. No matter the method, the coach is a soccer professional. Let them coach the game. Do not coach your child from the sidelines. Having more than one "coach" confuses players.

Leave motivation to the coach. Offering money for scoring goals, for example, distracts your child from concentrating properly in training and games.

Support your child unconditionally. Do not withdraw love when your child performs poorly.

Support and be positive about the program and all players on the team. Do not bad mouth the program, team, coach, or other players on the sideline. If you have a concern, contact the coach.

Do not yell at the referees, coaches or any players at any time. Your yelling and screaming does nothing positive for the situation and does not set a good example for the children. You also become a distraction for players trying to focus on the game.

The bench area is for players and coaches only. Please respect this area. Parents should not stand by or behind the bench during games nor talk to their child. This is a distraction to the players. The exception is a coach may call you over to check on an injured child.

Do not confront your coach concerning an issue until 24 hours have passed after the game/tournament/practice. Do not communicate issues to coaches during training or games. After 24 hours and when the coach is not coaching, you may then feel free to contact the coach and resolve the issue.

Encourage your child to talk to the coach. "Taking responsibility" as a player – whether about missing a game or training session - is a huge part of soccer and life.

Help your child keep priorities straight. A youngster needs help balancing schoolwork, friendships and other commitments bedsides soccer. But having made a commitment to soccer, he/she also needs help fulfilling their obligation to the team.

Pass the reality test. If your child's team loses but played his best and is learning the game of soccer, help him see this as a win. Focus on the process, not the final score. Fun and satisfaction comes from "striving to win".

Keep soccer in its proper perspective. The game should not be larger than your life. If your child's performance produces strong emotions in you, suppress them. Keep your own goals and needs separate from you child's. Your relationship with your child and the people around you is more important and will last longer than the game your child just played.

| I have read and understand the ASA | Parental Expectactions & | Guidelines |
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